



>> IMAGINE WHAT YOU WILL ACCOMPLISH

# MENTAL HEALTH COUNSELING

[www.plattsburgh.edu/academics/counselored/ccmaster.php](http://www.plattsburgh.edu/academics/counselored/ccmaster.php)

## MASTER OF SCIENCE: MENTAL HEALTH COUNSELING

Applications are accepted for Spring or Fall matriculation.

The program is available only at the Main Campus in Plattsburgh.



### PROGRAM COORDINATOR

Dr. David Stone  
107G Ward Hall  
SUNY Plattsburgh  
(518) 564-4167  
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>>[plattsburgh.edu](http://plattsburgh.edu)

## THE PROGRAM

Our Mental Health Counseling Program provides students with the values, knowledge, skills, experience, and credentials to pursue successful careers as licensed mental health professionals in a variety of public and private clinical settings.

The program provides instruction, seminars, internships, and clinical supervision and is registered with the NYS Education Department (NYSED) as a licensure-qualifying program.

Upon successful completion, graduates are qualified to take the NYS Clinical Mental Health Counselor Exam (licensing

exam). Passing this exam is required to obtain a Mental Health Counselor license in NY.

A Mental Health Counselor Limited Permit can be issued by NYSED upon graduation from the program and allows the graduate to practice as a Mental Health Counselor in NY for up to 3 years while acquiring the 3000 hours of post-master's supervised clinical experience required for the clinical license.

A Mental Health Counselor license qualifies the practitioner to work in public or private mental health services, including clinics, medical

centers, and private practice.

Mental Health Counselors:

- provide mental health treatments for individuals, groups, partners, and families;
- use community mental health system-based data to design, develop, and manage community mental health agencies;
- become leaders in mental health and addictions services, and advocate for equitable and culturally competent counseling for all clients; and
- develop and maintain a clinical private practice in mental health counseling.

## SUNY PLATTSBURGH

SUNY Plattsburgh is a residential college of 600 graduate and 5400 undergraduate students, emphasizing professional preparation within a solid liberal arts tradition.

High teaching standards, a significant level of faculty involvement with students, and the best possible scholarship combine in an atmosphere of civility and scenic beauty.

The College's proximity to Canada—especially cosmopolitan Montreal—adds a distinct international component that is reflected in the curriculum.

Plattsburgh and its Branch Campus are widely known for their welcoming and supportive campus community.

SUNY Plattsburgh at Queensbury—our Branch Campus located in the Regional Higher Education Center at SUNY Adirondack in Queensbury—serves about 350 full-time and part-time students in graduate and undergraduate degree and certificate programs.

For information about the area, see the following website:  
<[www.plattsburgh.edu/admissions/region.php](http://www.plattsburgh.edu/admissions/region.php)>

## FINANCIAL AID

Several forms of financial aid—including the Tuition Assistance Program (TAP) for New York State residents, Federal Direct Loans, and college work-study awards—are available to qualified graduate students.

The college also offers a limited number of Graduate Diversity Fellowships and Graduate Assistantships. See the following website for information:

<[www.plattsburgh.edu/offices/admin/financialaid/graduateinformation.php](http://www.plattsburgh.edu/offices/admin/financialaid/graduateinformation.php)>

# MENTAL HEALTH COUNSELING

## ADMISSION REQUIREMENTS

- ❑ Completed *Application for Graduate Study*, including the 4-page application, statement of purpose, and official transcripts
- ❑ Prerequisites of 12 credits in psychology, education, or closely related areas and course work in statistics, as well as a statement of computer competence
- ❑ A baccalaureate degree from an accredited higher education institution, as evidenced by an official transcript
- ❑ A minimum grade point average of 2.8 on a 4.0 grading scale
- ❑ Scores above the 25<sup>th</sup> percentile on the Graduate Record Examination (GRE) or the Miller Analogies Test (MAT)
- ❑ Three letters of reference, indicating the candidate's ability and suitability to pursue graduate studies in counseling
- ❑ Preference is given to applicants who have work or volunteer experience in activities related to counseling
- ❑ Satisfactory completion of a group activity, writing sample, and individual interview on Admissions Day (late October Admissions Day for Spring matriculation and early March Admissions Day for Fall matriculation)

## THE PROGRAM



The Mental Health Counseling Program is a 60 credit hour program with the following curriculum:

- ❑ **Core Curriculum: 23 credit hours**
  - ▶ CLG 501—Life Span Development
  - ▶ CLG 503—Theories of Counseling
  - ▶ CLG 505—Counseling Relationships & Skills
  - ▶ CLG 507—Professional Orientation for Counselors

- ▶ CLG 509—Assessment in Counseling
- ▶ CLG 517—Group Counseling
- ▶ CLG 527—Career Development Counseling
- ▶ CLG 545—Cultural Contexts of Counseling
- ▶ CLG 554—Research Design & Methods

- ❑ **Environmental Studies: 3 credit hours**
  - ▶ CLG 539—Mental Health and Community Counseling

- ❑ **Specialized Studies: 13 credit hours**
  - ▶ CLG 529—Suicide Assessment & Counseling
  - ▶ CLG 547—Psychopathology & Mental Health Counseling
  - ▶ CLG 548—Clinical Practice in Mental Health Counseling
  - ▶ *Two of the following courses:*
    - CLG 519—Substance Abuse Counseling
    - CLG 523—Introduction to Family Therapy
    - CLG 536—Counseling Children & Adolescents

- ❑ **Supervised Practicum and Internship: 21 credit hours**
  - ▶ CLG 512—Pre-Practicum
  - ▶ CLG 513—Counseling Practicum
  - ▶ CLG 541—Internship: Community Counseling/Mental Health Counseling I
  - ▶ CLG 543—Internship: Mental Health Counseling II

While a number of the courses are taken by all graduate students in Counselor Education, the following five courses are specific to the Mental Health Counseling Program:

- ❑ *Clinical Practice in Mental Health Counseling* (CLG 548)
- ❑ *Internship: Mental Health I* (CLG541)
- ❑ *Internship: Mental Health II* (CLG543)
- ❑ *Psychopathology and Mental Health Counseling* (CLG547)
- ❑ *Mental Health Counseling and Consultation* (CLG539)



## CONTACT INFORMATION

### Graduate Admissions

SUNY Plattsburgh  
Kehoe, Room 113  
101 Broad Street  
Plattsburgh, NY 12901  
(518) 564-4723  
(800) 723-9515

[graduate@plattsburgh.edu](mailto:graduate@plattsburgh.edu)  
[www.plattsburgh.edu/admissions/graduate/](http://www.plattsburgh.edu/admissions/graduate/)

### Counselor Education

Dr. Stephen Saiz  
107F Ward Hall  
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(518) 564-4170  
[saizsg@plattsburgh.edu](mailto:saizsg@plattsburgh.edu)

### Mental Health Counseling

Dr. David Stone  
107G Ward Hall  
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(518) 564-4167  
[stoneda@plattsburgh.edu](mailto:stoneda@plattsburgh.edu)

### Financial Aid Office

SUNY Plattsburgh  
Kehoe, Room 401  
101 Broad Street  
Plattsburgh, NY 12901  
(518) 564-2072  
[www.plattsburgh.edu/offices/admin/financialaid](http://www.plattsburgh.edu/offices/admin/financialaid)