Student Life and Student Services

Plattsburgh students plan and participate in many programs outside the classroom. Such programs depend upon the cooperation of all campus constituencies, and the college community regards them as an integral part of the educational experience.

Art, Music & Theatre Organizations

Students are welcome to join the activities of the Departments of Art, Music, and Theatre. Art, music, theater, and the art museum are all represented on the campus Arts Council which is supported by the Student Association. They work together to bring outstanding performances and visual arts events to campus.

Students may refine music performance skills by playing or singing in one or more of our many performing ensembles. They are open to all SUNY Plattsburgh students, whatever their majors, for credit. For more information, please check our website at http://www.plattsburgh.edu/music/ensemble.php.

The National Theatre Honor Society, Alpha Psi Omega, welcomes qualified members. Each semester, the theatre program offers students many opportunities to participate in both student- and faculty-directed dramatic presentations, published and original, scripted and improvised. There is a dance production every semester, and a musical every other year.

The visual arts provide students with a wide variety of art history and studio art experiences, including sculpture, photography, ceramics, printmaking, drawing, painting, and graphic design. Students also have access to the extensive “Museum Without Walls,” the Sculpture Park, and the Slatkin Study Room.

Students interested in joining any of the above organizations or learning more about how they can enjoy the arts while at Plattsburgh are welcome to visit the Departments of Art, Music, and Theatre in the Myers Fine Arts Building.

Campus Dining Services

Campus Dining Services, operated by Sodexho, provides a quality dining experience for students, faculty, staff, and visitors to SUNY Plattsburgh through its two resident dining facilities (Clinton and Algonquin) and a host of other services across campus.

Clinton Dining Hall is a state-of-the-art dining facility that seats approximately 500 students and offers a constantly changing menu. A variety of food is freshly prepared in different cooking styles within full view of the diner. The student will find wraps, wok creations, gyros, market offerings of home cooked style meals, salads, “create your own stir fry,” soups, pastas, vegetarian/vegan meals, burgers, and pizza. Clinton is open for continuous service from 7 a.m. to 9 p.m. for breakfast, lunch, and dinner Monday through Friday, and for breakfast, brunch, and dinner on the weekends.

Little Al’s is a takeout place with a dine-in option. Little Al’s is located adjacent to Big Al’s and features soup, salads, sandwiches, pizza, and daily specials. The take-out containers utilized in both Big Al’s and Little Al’s are environmentally friendly.

In the Angell College Center, the Sundowner is a food court area with many options. Choose from fresh baked goods, a garden tossed salad bar, homestyle and international entrees, cold deli sandwiches and wraps, pizza, grilled specialties, soups, prepackaged grab-and-go salads, sandwiches and desserts, ice cream, fruit smoothies, and beverages. Vegetarian options are available throughout. There is a contemporary atmosphere in the adjoining atrium. The Sundowner is open for breakfast, lunch, and dinner Monday through Friday.

The Wow Café and Winery, also known as the World of Wings, is located in Angell College Center in the area formerly occupied by the Point Snack Bar. The venue features wings with 12 unusual sauces, wraps, tenders, quesadillas, burgers, appetizers, and salads. Exciting Wow lunch and dinner specials change daily.

Java Jo’s, located in the Flynt Commons, is a premier coffeehouse specializing in Fair Trade and organic coffee, unique teas, sandwiches, and desserts.

Campus Dining Services also operates the food venues in Campus Express with High Peaks Bagels, along with snack bars in Hawkins and Sibley Halls for quick breakfast and/or lunch meals on the go.

Career Development Center

The Career Development Center provides a range of services, resources, and programs to educate students and alumni in all aspects of the career development process to enhance their professional preparation and employability. To that end, the following primary services are offered:

Career Counseling helps in choosing or changing majors, setting career goals, and/or planning to obtain internship or work experience while in school. Individuals can receive assistance writing a resume, planning a job search, applying to graduate school, or making a career change. Counselors can help to assess skills, interests, values, and priorities as well as administer and interpret assessment instruments when appropriate.
Children's Development Block Grant is available to reflect the market rate for child care in the area. A Federal Child Care and Development Block Grant is available for eligible student families to defray the cost of tuition. The staff, selected for their education and experience in early education and child development, strive to plan meaningful days for children in a nurturing, stimulating environment. Emphasis is placed on supporting each child's development of self-esteem and self-confidence resulting in the child's ability and desire to learn. For more information, call 518-564-2274.

Dean of Students
The Office of the Dean of Students is responsible for administration of the campus judicial (student discipline) system and the New Student Orientation Program. The Dean of Students' Office is also a clearinghouse for all student concerns on the campus. Students and/or parents may contact the Dean of Students' Office to seek information about all aspects of life at SUNY Plattsburgh.

Educational Opportunity Program
The Educational Opportunity Program (EOP) provides comprehensive academic and financial support services to New York State residents who qualify both academically and financially. Services include academic and personal counseling, a pre-freshman summer program, tutoring, reading and writing skills programs, and the administration of special financial aid funds.

Fitness Center
The Fitness Center is a paid-membership program consisting of a 5,000 square foot area in Memorial Hall housing cardiovascular equipment, resistive weight equipment, and a free-weight area. A separate, adjacent 1,800 square foot area is used for aerobic activities. Another activity room offers an additional 2,700 square foot area for group cycling and kickboxing classes. Club FM allows you to listen to programming on one of the five Sony televisions through your Walkman. The Fitness Center is also air-conditioned.

Fraternity/Sorority Life
The Center for Fraternity/Sorority Life provides support, advice and services regarding effective organizational management to fraternities and sororities. The center also provides values-based educational pro-
programming to assist members in creating an ideal fraternal experience that encompasses the core principles of Friendship, Scholarship, Leadership and Service. Programming emphasis is placed on ethical leadership, diversity, service learning, membership development, continuous recruitment, lifelong membership, and the concept of community. By participating in programs and partnerships developed by this office, students affiliated with fraternities and sororities learn, through collaboration and interfraternality, the skills and concepts necessary for creating a positive Fraternity/Sorority Community. This office, located in Angell College Center 204, (518) 564-4825, oversees all values-based fraternities and sororities, governance councils, and auxiliary organizations.

Intercollegiate Athletics
Plattsburgh State is a Division III member of the National Collegiate Athletic Association (NCAA), the State University of New York Athletic Conference (SUNYAC), the Eastern College Athletic Conference (ECAC), and the New York State Women’s Collegiate Athletic Association (NYSWCAA).

The College sponsors 17 varsity sports. Men’s sports include baseball, cross country, soccer, basketball, ice hockey, indoor track, outdoor track, and lacrosse. Women’s sports include cross country, ice hockey, soccer, tennis, volleyball, basketball, indoor track, outdoor track, and softball.

The women’s ice hockey team won the NCAA Division III National Championship in 2007 with an undefeated season. The Cardinals have also won two national team titles in men’s ice hockey and have had several individual champions in track. Conference championships have been won in men’s cross country, women’s cross country, men’s soccer, women’s soccer, men’s basketball, women’s ice hockey, and men’s ice hockey. Each year, Plattsburgh student athletes are selected for athletic and academic All America honors.

The college operates two main athletic facilities. Memorial Hall hosts basketball and volleyball, while the Field House is home to cross country, soccer, tennis, ice hockey, track, lacrosse, and softball.

International Student Services
The staff members in International Student Services (ISS) are attentive to the unique needs and concerns of matriculated international students. The staff assists these students from the point of initial inquiry through the admission process. Once a new student arrives on campus, the office staff coordinates an extensive orientation. The office provides immigration advisement and assistance to help students understand the full range of their responsibilities (such as course registration and health insurance claims). In addition, help locating and accessing on- and off-campus support services is provided. The office is located in Kehoe 209. For information call (518) 564-3287; fax (518) 564-3292 or email: iss@plattsburgh.edu.

Intramurals and Recreational Sports Program
The intramural and recreational sports program strives to engage the college community in enhancing the quality of life and educational experience by providing services, facilities, and opportunities to participate in sports and training programs that respond to a diverse college community.

The intramural program sponsors tournaments in flag football, volleyball, indoor soccer, basketball, floor hockey, dodgeball, and softball as well as many individual sports. The sports club program includes men’s and women’s rugby, and a pick-up ice hockey club. The Sport & Wellness Department through the recreation program supports a martial arts instruction program, special requests for facilities and equipment by campus groups who want to organize their own events, and informal open recreation and pool hours that allow for a variety of free facility time for the drop-in do-my-own-thing sports individual.

In addition, the Department of Sport & Wellness provides special programming opportunities for the college and community: the American Red Cross youth learn to swim program; noncredit lifeguard training and lifeguard review courses; the CPR/First Aid/AED program of initial training or renewals for individuals, groups, programs, or departments on campus that require certification of employment or clinical experiences. CPR/FA/AED noncredit instructor courses are also offered. Check the web site at www.plattsburgh.edu/athletics/recsports for more details.

Learning Center
The Claude J. Clark Learning Center, located in Feinberg Library Room 103, is an important academic support resource for Plattsburgh State faculty, staff, and students. The center is open year round and is staffed by a director, a writing specialist, an office coordinator, a graduate assistant, and 75 peer tutors. The peer tutors provide tutoring in over 175 different courses each semester. Students can schedule appointments (minimum one day in advance) between 10:00 a.m. - 8:45 p.m. Monday - Thursday, 10:00 a.m. - 4:00 p.m. on Friday, and 6:00 - 9:00 p.m. on Sunday. Math, Statistics, and Writing Walk-ins are available and allow students the flexibility of dropping in for assistance as their schedule permits. The Writing Room is a fully equipped computer classroom open each weekday afternoon. In addition, the Learning to Learn workshop series is offered every semester and focuses on developing or strengthening academic skills such as goal-setting, time management and exam preparation. For more information, call 564-6138 or visit our website at www.plattsburgh.edu/academics/learningcenter.
Learning Disabilities and Physically Challenging Conditions

All students requiring on-campus accommodations of any kind must register with the Student Support Services Office located at 110 Angell College Center, 518-564-2810, for assistance. Alternative testing, note takers, readers, audiovisual aids, advocacy, and career, personal, and academic counseling are generally available.

New Student Orientation

The college conducts a series of two and one-half day summer orientation programs for freshmen students and a series of one and one-half day sessions for transfer students. An extensive family orientation is held concurrently with these sessions. Plattsburgh’s New Student Orientation affords the opportunity to register early for classes and to gain the information and insight needed to feel comfortable about the transition to college life at Plattsburgh. The program allows students and families to establish a comfort level with the campus and college environment prior to arrival in the fall.

On-Campus Residence Living

The college’s twelve residence halls feature educational, social, and cultural programs and services designed to help students succeed with their academic pursuits and to participate meaningfully in their collegiate experience. All full-time undergraduate students must live in residence halls, except married students; students who live with parents, guardians, or immediate relatives (aunt, uncle, brother, sister, grandparents); students 21 years of age before October 1 of the academic year in which they enroll; students who have been enrolled full time at college and have lived on campus four semesters; and students who are closed out of campus housing who must live off campus.

Every possible effort is made to accommodate individual tastes and values within the residence community. Opportunities exist for requesting particular rooms/roommates, and individual attention is given to special needs of students. Each residence hall has a residence director (R.D.) and residence assistants (R.A.s) who work with students to create a positive community and to enforce community standards. In addition, each residence hall has a hall council which assumes responsibility, along with the staff, for planning events and programs. Residence hall staff and hall council officer positions are great opportunities for students to get involved and develop leadership skills.

Off-Campus Residence Living

SUNY Plattsburgh does not own or operate any off-campus housing nor does it inspect, approve, or supervise off-campus facilities. In addition, the College does not become a party to private landlord-tenant matters. The Housing & Residence Life Office does maintain a listing of available off-campus housing to assist students. Facilities in this listing have been inspected and approved by the City of Plattsburgh Building Inspector’s Office. A placement service is not available.

Parking/Vehicle Registration

On-campus areas are designated for student parking. Students must pay a fee at the Student Accounts Office to register their vehicles. A parking registration fee is also charged. Parking hang tags must be picked up at the University Police Parking Office.

Radio Station and TV Station

The SA operates a campus FM radio station (WQKE) which provides students with experience in programming, writing and reporting news, and radio engineering. The college also owns and operates a student cable TV station (PSTV 10) which is largely student operated to provide students the opportunity to acquire skills in TV production. Students gain experience and receive credit in both radio and television in conjunction with academic course work.

Security/Crime Information Available

Plattsburgh State is committed to assisting all members of the campus community in providing for their safety and security. The pamphlet Campus Safety: It’s Everyone’s Concern and the University Police website at www.plattsburgh.edu/crimestats contain information regarding campus security, sexual assault, and personal safety including the University Police Department, emergencies/crimes, escort service, residence hall security, resident life, personal responsibility, and various institutional policies. The website and pamphlet also contain statistics for the previous three calendar years concerning reported crimes that occurred on campus, in certain off-campus buildings or property owned or controlled by SUNY Plattsburgh, and on public property within or immediately adjacent to and accessible from the campus. This information is required by law and is provided by the University Police Department at SUNY Plattsburgh. For more information, contact Police Chief Arlene Sabo, University Police, SUNY Plattsburgh, 101 Broad Street, Plattsburgh, NY 12901, 518-564-2022, or email arlene.sabo@plattsburgh.edu. Information can also be obtained from the U.S. Department of Education website at http://www.ed.gov.
Service Learning & Volunteerism
The Center for Service Learning & Volunteerism is home to a number of programs that help students to get involved in the local community. Project HELP is a student-run office that places volunteers at local schools, nursing homes, soup kitchens, etc. The center also offers Alternative Winter and Spring Breaks where students can travel to sites across the eastern U.S. to work with Habitat for Humanity, Headstart, and other organizations. SUNY Plattsburgh also offers scholarships (through the Community Service Scholars Program and Plattsburgh Student Service Corps) to students who have demonstrated a commitment to community service. For more information on any of these programs, stop by the center on the first floor of the Angell College Center or call 564-4830. Information can also be obtained from our website at http://www.plattsburgh.edu/offices/centers/service.

Student Activities and Multicultural Programs
The Student Activities Office, located on the first floor of the Angell College Center, is designed to serve as the primary programming department on campus and to support multicultural programs and organizations. The office provides a well-rounded program of social, educational, cultural, and recreational activities for all students, faculty, administration, alumni, and the Plattsburgh community.

The Office of Student Activities and Multicultural Programs organizes and presents many of the activities (such as Family Weekend, Opening Weekend Activities, comedy shows, and other types of entertainment) that bring excitement and life to Plattsburgh State. Through encouraging student-directed activity, individual social competency, and group effectiveness, the department plays a vital role in the development of students, while at the same time serving as an important facet of the educational program of the College.

For more information on upcoming events, or to see how you can get involved, please call us at (518) 564-4826 or by email: studentactivities@plattsburgh.edu

Student Support Services
The Student Support Services (SSS) is a federally funded TRIO program. Students qualify for the program if they meet an income guideline or neither parent has graduated from a four-year college or if they have a learning or physical disability. In addition to specialized general education classes, the program offers academic support as well as career, personal, and academic advising. Additional services are available on an as needed basis. The program is located in the Angell College Center Room 110, 518-564-2810.

Upward Bound
The Upward Bound Program is a federally funded TRIO program serving selected area high-school students in Clinton, Essex, and Franklin counties. The program provides the necessary motivation and skills to assure high-school graduation and successful completion of post-secondary education. For more information, please check our website at http://www.ubplattsburgh.org.

Student Health & Psychological Services
The Center for Student Health and Psychological Services provides acute and chronic ambulatory healthcare services and individual short-term counseling and crisis intervention. Additional services include a women’s healthcare clinic, laboratory services, immunizations, allergy shots, medications, and group counseling.

The center is staffed by a team of trained physicians, physician assistants, psychologists and counselors, laboratory personnel, nurses, support staff, and administrators who follow a holistic approach to health and wellness. The center is open from 8 a.m. to 4:30 p.m., Monday through Friday; 24-hour on-call services are available for mental health emergencies at (518) 564-2022.

Student Publications
Student publications are Cardinal Points, the weekly newspaper, and Z Platt Almanac, the literary journal.

The Activities Coordination Board of the SA plans for and provides weekly movie entertainment, music concerts and entertainment in the various campus venues. Additionally, the SA is extensively involved in higher education lobbying efforts at the local and state level.