Family Weekend

SUNY Plattsburgh invites you to join us for our Annual Family Weekend September 25-27.

Activities and events for you to enjoy with your daughter or son include:

• Planetarium shows.
• A performance by the gospel choir.
• “Coffee, croissants, & conversation”.
• Indoor rock climbing.
• A three-mile fun run and walk.
• A bus trip to Burlington, Vt.
• Tours of the campus.
• A visit to the art galleries.
• Dinner with administrators, faculty and staff.
• Evening entertainment programs.
• Culminating with a president’s lakeside breakfast buffet.

Family Weekend is a great opportunity for you to come to campus and see how your daughter or son is doing, spend time with your student and members of our college family, and see the campus in action.

We look forward to seeing you!

FRX101 Seminar = SUCCESS

FRX101 is a one-credit, skills-based course focused on fostering first-year student success. It covers topics such as time management, learning and teaching styles, student engagement and involvement, decision making, and personal wellness and growth. You heard information about this course during your campus visit at orientation. National research and our own campus research indicate that students taking this course in the fall semester have higher GPAs and credit hours at the end of their first semester than those who do not. This course is taught by instructors who have expressed an interest in working with first-year students. This course is offered in both a residency and a traditional format. The residency-based format offers course sections right in Whiteface and Wilson residence halls. There are also 15 sections in a traditional format — i.e. in classrooms throughout campus at various times and days of the week.

Your daughter or son recently received a letter from Residence Life and the Office of First-Year Experience reminding them about the course and providing registration information. Please take an opportunity to check with your students and encourage them to enroll if they have not already done so.

A few quick notes:

• Students already enrolled in FRS101 Topics: Freshman Seminar or PED204 CHAMPS/Life Skills do not need to enroll in FRX101. Both FRS101 and PED204 cover similar topics as FRX101.

• Students living in Whiteface or Wilson residence halls will enroll in the course when they arrive on campus. Their course will be taught right in the residence hall and their instructor will be providing the course schedule information to them.

• Students residing in any other residence hall or commuting from home should have received a letter with specific information about how to log in to their account and register for this course.

Please take a few minutes and talk with your student and remind him/her of the value of the course. Ask them to enroll!

Join our Parent E-mail List Serve!

If you were unable to attend an orientation session this summer, or attended and forgot to give us your e-mail information card, please contact us at our e-mail address fye@plattsburgh.edu. We plan to send a select number of e-mails each semester, updating you on key events and milestones.
**Part-Time Job Fair**

Students seeking a part-time job should plan to attend the Job Posting Fair. It is held on the first day of classes (Monday, Aug. 24). Job positions are filled quickly, so students attending this event have the best opportunity to secure a position.

The event is held in the Cardinal Lounge of the Angell College Center from 9 a.m. to 4 p.m. There are both on- and off-campus jobs posted. Typically, there are 400+ postings from 70+ employers.

The Job Fair is sponsored by the Career Development Center. They provide the job listings; the student contacts the employers.

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**Fun Weekends on Campus**

**Family Weekend**
September 25, 26, 27
www.plattsburgh.edu/studentlife/familyweekend/

**Homecoming Weekend**
October 16, 17, 18
www.plattsburgh.edu/alumni/homecoming.php

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**Important academic dates for the semester**

Fall Classes Begin................................. Aug. 24
Labor Day............................................. Sept. 7
(classes are in session)
Mid-term Exams..................................... Oct. 5 - 9
Columbus Day Break.............................. Oct. 12 - 13
(no classes)
Academic Advisement period.............. Oct. 19 - 30
Last day to withdraw from a course........ Oct. 30
Course Registration for Spring 2010.......... Oct. 31
Thanksgiving Break (no classes)............. Nov. 25 - 29
Final Exams........................................ Dec. 5 - 11
Semester Ends...................................... Dec. 11

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**Important Contact Information**

During the first few weeks of college, questions and concerns may arise. Please don’t hesitate to contact any office on campus. Some of the most frequently contacted offices:

Steve Matthews, Dean of Students .................. 518-564-3282
Bryan Hartman, Director of Residence Life ........ 518-564-3824
Peter Luguri, Director of First-Year Experience .... 518-564-3289
Suzanne Daley, Director of Academic Advising ..... 518-564-2080
William Laundry, Vice President for Student Affairs . 518-564-2280
University Police (available 24/7) .................. 518-564-2022

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**Director’s Letter**

Wow! Where does the time go? It seems that just a few weeks ago Memorial Day ushered in the early days of summer. High school graduation and all its assorted celebrations dominated the month of June. July, with the long Independence Day weekend, went by in a flash. For many of you, time was spent at a SUNY Plattsburgh orientation session. Now August is also racing by, and time to trek back to the North Country is almost upon us. Suffice it to say that reality has set in. The days of summer are growing fewer, and change for your family is in the air.

I understand that bringing someone whom you care deeply about to a college campus and leaving him or her there is not an easy thing; it truly is a tough thing to do. This will be a transitional time not only for your student, but for your whole family. It is a stressful time. With that in mind, my hope is that you can minimize the stress and make the most of the great adventure of what lies ahead.

Be assured that all of us on the SUNY Plattsburgh campus will do our utmost to ensure that your student is well taken care of and supported. I have worked at Plattsburgh for close to three decades, so I know this to be true.

The Office of First-Year Experience wants your student to “stand out from the start.” You can assist us in reaching that goal. When in contact with your student, ask questions about his or her connection to the campus and community. Are they engaging both academically and socially? If the answers to those questions are positive, they are well on their way to a successful year. Please remember that the transition takes longer for some than others. Knowing that you care is important. If you have concerns, let us know.

I enjoyed seeing so many of you at Family Orientation this summer. As I said then, if there is anything that I can do to assist you or your student, please don’t hesitate to contact me.

I hope to see you opening weekend.

Peter Luguri
Director of the First-Year Experience
518-564-3289
peter.luguri@plattsburgh.edu